# <u>TAILWIND</u>

TRAVIS AFB, CALIF. FRIDAY, JULY 5, 2002 VOLUME 27, NUMBER 26

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NEW CMSAF
Chief Murray takes
over as 14th

**CMSAF** 

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Airman falls from dorm's third story ledge

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## **COMMON GOAL**

Dutch Air Force lends hand with war on terrorism

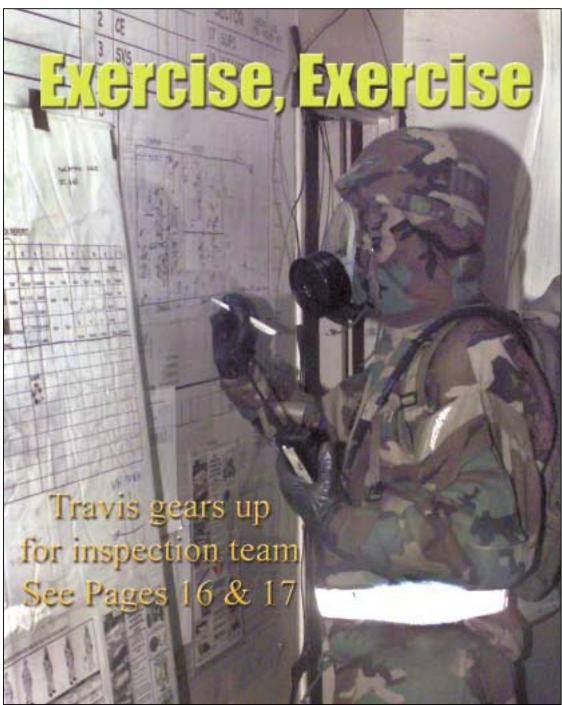
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## **YOWS QUOTE**

"We make war that we may live in peace."



- Aristotle



## Your courage, commitment and sacrifice keep us free

## 226 years of letting freedom ring

I am : proud of each and every one of you. Happy Fourth of July and God Bless America! :

By Col. Dave Lefforge

ome things are worth fighting for ... the freedoms we live with every day and hold sacred are among those things at the top of the list. Right now, thousands of men and women in our Armed Forces and the Department of Defense are hard at work defending this incredible legacy. Travis alone has close to 1.000 troops cur-

rently deployed around the world, away from their families and friends, who won't be able to see the fireworks and flags this national day of independence is renowned The Fourth of July reminds us of many

things, from patriotic parades, to cookouts to loud and beautiful fireworks. Our Independence Day this year will likely be markedly different and more meaningful than ever

before. More importantly, it reminded us again that freedom comes with a price tag; the preservation of freedom comes with its very own unique cost that forever places the citizens of our nation in debt.

July 4, 2002, is the first time since Vietnam that the United States has been "at war" on Independence Day. On this 226th Independence Day weekend, our country is in very good hands. Thomas Jefferson wrote the words that are the source of our pride and convictions: "We hold these truths to be self-evident: That all men are created equal. That they are endowed by their creator with certain unalienable rights. That among these are life, liberty and the pursuit of happiness. That to secure these rights, governments are instituted among men, deriving their just powers from the consent of the

What simple yet powerful words these are: they are what freedom means to Americans and to those who wear the uniform and fight for it every day. Take a minute this holiday as you're firing up the grill to remember our crew chiefs, maintainers, pilots, security forces, air mobility operations group members, aerial port squadron members, communication experts, intelligence personnel, services personnel and many others we have sent on missions around the world in places most of us haven't even heard of until a few months

The old adage, "there is no such thing as a free lunch," is very true.

Speaking of mission, the month of July will focus not only on mission, but on preparation for the upcoming Expeditionary Operational Readiness Inspection in October. Throughout July, each group will take part in a "cargo rodeo," designed to prepare the wing for the cargo portion of the pre-deployment readiness inspec tion. In August and September, we will have a couple of wing-wide "dress rehearsals," including our Reserve wing, which we need to be prepared for and treat as realistically as possible. When it comes time for the actual EORI in October, I am confident Team Travis will be more than prepared to shine.

With summer in full swing, so are the 101 Critical Days of Summer. We are almost 40 days into the 101 critical days; the Air Force itself has already had six fatalities. Travis has had one job-related fatality. It takes the combined team effort of everyone to make sure each person is taking care of the next.

Travis has had five mishaps in the last 40 days,

three of which were alcohol-related and could have been avoided completely had common sense and situational awareness prevailed. We've had a motorcycle accident, a vehicle rollover accident, a sports mishap,



Col. Dave Lefforge, 60th Air Mobility Wing commander, stands at attention Monday on the 60th Security Forces Squadron patio. Lefforge was in attendance during a ceremony marking the end of the 163rd Air National Guard's presence at Travis. The unit has assisted the 60th SFS since Sept. 11.

an incident where someone fell off a dorm ledge under the influence of alcohol and a diving mishap at Lake Berryessa — which has paralyzed this particular person for life. Folks, we can and need to do better. Summer is a time for fun in Northern California with baseball games, boating, sailing, hiking, biking, sight-see ing, barbequing ... we need to have fun but be safe. We still have about another 60 days of summer to enjoy!

The outdoors and summertime also offer great opportunities for keeping fit for duty. Especially in wartime operations, we need to have a fit and ready force. Our new state-of-the-art gym offers an entire array of opportunities for fitness. The new "gym-in-abag" and super-circuit training are other options. Working out and overall physical fitness should be priorities; they are required prerequisites for wearing the uniform. Everyone should be maintaining their fitness levels and meeting standards. It is a great stress reliever as well, I've found. Even while deployed, many locations have a gym. That's how important it is.

Next Friday, Travis will host the ATWIND Family Picnic and Family Fun Day. Remember, this is an officially approved duty location for military personnel and their families. It is the first wing-wide event we have had in quite some time, so take advantage of all the fun and food that will be available! The picnic is located on the grassy area between the Westwind Inn, Fitness Center and the Delta Breeze Club. Hamburgers, hot dogs and chicken wings will be available FREE from 11 a.m. to 2 p.m. A fishing derby, jazz and blues festival, obstacle races, bowling for free and other forms of entertainment and demonstrations will take place all day long. There will be a human bowling game, taste testing and our own Security Forces Squadron will host a K-9 demonstration. That's just to name a few. Hope to see you there!

With summer comes the PCS push. To the PCS conundrum, we lose yet another great leader, who is heading toward the East Coast. Travis is home to the Fifteenth Air Force — more commonly known as "up on the hill." **Brig. Gen. Christopher Kelly**, Fifteenth Air Force vice commander, will be leaving us after two years of outstanding service. He is headed to become commander of the Air Mobility Warfare Center at Fort Dix, N.J. To Chris and his wife, Kathy, "to infinity and beyond!" Thank you both for the many years of dedicated service to our country and for your great service at Travis. Best wishes and bon voyage!

Thank you all, Team Travis, once again not only for what you do, but more for the way you do it. I am proud of each and every one of you. Happy Fourth of July and God Bless America!

## **Tailwind**

Travis AFB, Calif. 60th Air Mobility Wing

Col. Dave Lefforge 60th Air Mobility Wing commander

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On the cover: As the October inspection approaches. Travis is gearing up with a variety of exercise scenarios. See Pages 16 & 17 for details.

## DoD restarting modified anthrax vaccine program

By Army Sgt. 1st Class Kathleen Rhem

American Forces Press Service

WASHINGTON (AFPN) — Defense Department officials announced June 28 they are restarting a modified Anthrax Vaccine Immunization Program now that the vaccine provider has passed Food and Drug Administration scrutiny.

Only servicemembers, essential civilians and contractor employees going to or serving in high-threat areas will receive the vaccine, said Dr. Bill Winkenwerder, assistant defense secretary for health affairs. This is because half the contractor's vaccine production will be stockpiled for civilian use.

"We recognize there is a domestic need for access to the vaccine," Winkenwerder said. "In collaboration with the Department of Health and Human Services and the Office of Homeland Security, we are reserving a portion of the anthrax vaccine for stockpiling ... to use in the event of a domestic emergency."

In 1998, the DoD began a plan to vaccinate all military members against the deadly, potential biological weapon. The program was pared down several times in the intervening years as the sole provider of the vaccine shut down its factory for renovations and then had problems gaining FDA approval of its production process

Vaccine shortages eventually caused the DoD to vaccinate only limited numbers of servicemembers serving in "designated special mission units."

The contractor, Bioport of Lansing, Mich., gained FDA approval of its renovated facility in January and is now ready to begin providing additional stocks of the vaccine to the DoD.

Winkenwerder said the new policy is "more targeted" than the previous plan to vaccinate the total force. He said the numbers of servicemembers and essential civilians vaccinated will jump, but he would not say how high. Nor would he say what areas of the world are considered "higher threat." "We will identify those areas to the servicemembers before they are deployed to those areas, but we don't intend to talk publicly about that as we describe the policy to the rest of the country, to the media," Winkenwerder said during an earlier interview with American Forces Press Service. "And the reason is, we don't intend to give our adversaries an indication of exactly who and when and where we've immunized people. We would like that to be a further deterrent to anybody who might think about using anthrax as a weapon."

The doctor said DoD medical officials hope to start vaccinating targeted servicemembers 45 days before they deploy. The anthrax vaccine requires six shots throughout an 18-month period for maximum immunity, but a relatively high level of immunity is reached after the first three shots, he said

Winkenwerder and Vice Adm. Gordon Holder, director of logistics on the Joint Staff, said the vaccination program may return to total-force coverage if vaccine availability improves and if the biological threat changes.

Individuals who started the six-shot series under the previous guidelines will resume the series where they left off

Others who started the shots previously but are not currently covered under the new program will receive the rest of their shots "later into 2002, possibly as late as 2003, and that's because the supply of the vaccine is limited," Winkenwerder said.

He insisted there is no danger in stopping and restarting the series of shots. "Protection lasts months to years at some level," he said.
Under the previous program, 525,000 servicemem-

Under the previous program, 525,000 servicemembers received a total of 2.1 million doses of the vaccine. Contrary to widespread media reports of servicemembers refusing to be vaccinated, even at the cost of their careers, Winkenwerder said the true number is relatively small compared to the number of doses administered. The DoD has no formal method of counting refusals, but service chiefs report 441 servicemembers

have refused to be vaccinated. He said there have been no deaths linked to the vaccine.

In the earlier interview, Winkenwerder dismissed widespread claims that the vaccine is not safe or effective. He cited a study released March 6 by the Institute of Medicine that found the vaccine to be "effective protection against anthrax, including inhalation anthrax."

"The Institute of Medicine of the National Academy of Sciences — a very august, prominent body — has said in a very large, in a very important, comprehensive report that the vaccine is safe and effective," Winkenwerder said. Several other studies by reputable independent agencies have released similar conclusions

Even though it is scaled back, the vaccination program will remain mandatory for troops in areas covered by the policy. Winkenwerder said this is no different from any number of other vaccines and "medical interventions" that are mandatory for military people based on where they are serving.

The Defense Department is working with HHS to develop a new anthrax vaccine that would require fewer shots and be made using a different, easier method, said William F. Raub, deputy director of public health preparedness at HHS. The two departments are also examining the current vaccine to see if its protocol can be changed.

"We fight and win as teams," he said. "If a team of people are in an environment deployed in a military situation, I think the commander as well as all the individuals want to know are we all protected."

The anthrax attacks on the East Coast last fall may have silenced some critics.

"I think the attacks last fall brought home the point that this is a real threat and that it's possible to manufacture this kind of bioweapon, and it's not altogether difficult to disseminate it," Winkenwerder said. "This is something that's not just in people's imagination. It is real." (AFPS reporter Jim Garamone contributed to this report.)



**Proud to serve:** BOLLING AIR FORCE BASE, D.C. (AFPN) — Chief Master Sgt. of the Air Force Gerald R. Murray and his wife, Sherry, proceed through an honor cordon following his welcome ceremony Monday. Murray is the 14th Chief Master Sergeant of the Air Force.

## Congratulations Academy graduates

Congratulations to the following Team Travis technical sergeants who graduated from the Noncommissioned Officer Academy June 28 at Lackland AFB, Texas.

Walter Simons, 364th Recruiting Squadron

**Linwood Spears**, 60th Medical Operation Squadron

Kenneth McCreary, 22nd Airlift

**David York**, 6th Air Refueling Squadron

Antonio Leon, 60th Aircraft Generation Squadron

ation Squadron
Eric Moore, 60th AGS
Rene Vite, 60th Aerospace Medicine

**Arfel Atis**, 60th Aerial Port Squadron

**James Cobbs**, 60th Civil Engineer Squadron

Enrique Villanueva, 60th CES Joseph Travis, 60th Component Repair Squadron Mark Ishmael, 60th Equipment

**Mark Ishmael**, 60th Equipmen Repair Squadron

Bridget Stafford, 60th Logistics Support Squadron

Curtis Maley, 60th MDOS

Steve Gunter, 60th MDOS **Michelle Steinbach**, 60th Medical Support Squadron

Spencer Shelmire, 60th MDSS Stephen Ramos, 60th Mission Support Squadron

**Dorian Carr**, 60th Logistics Group **Michelle Miller**, 60th Supply Squadron

Breeland Kinnison, 615th Air Mobility Operations Squadron Craig Johnson, 615th Air Mobility

Craig Johnson, 615th Air Mobility Squadron Francis Leslie, 660th Aircraft Gen-

eration Squadron

James Linkenhoker, 715th Air Mobility Squadron

**John Doyle**, 815th Air Mobility Squadron

Chanthy Keomongkhoun, 9th Air

Refueling Squadron

James Masters, Band of the Golden

Wast

Stephen Ramirez, AFELM Congratulations to Tech. Sgts Rene Vite, 60th Aerospace Medicine Squadron and James Cobbs, 60th Civil Engineer Squadron for being selected as distinguished graduates.

## NFWS NOTES

## **Changes of Command**

Col. Scott Streifert, commander of the 60th Support Group will relinquish command to Col. Leonard Patrick, in a change of command ceremony scheduled for Wednesday at 2 p. m. at the fitness center. There will be a reception immediately following the ceremony at the Delta Breeze Club. Dress for the ceremony will be uniform of the day. For more information, call 424-2665.

Lt. Col. Mark Correll, commander of the 60th Civil Engineering Squadron will relinquish command to Lt. Col. Patrick Smith, in a change of command ceremony scheduled for Monday at 2 p. m. in front of building 833. There will be a reception following the ceremony. Dress for the ceremony is uniform of the day. For more information, call 424-2492.

### Assistant needed

The 60th Air Mobility Wing Command Chief is seeking a highly moti-vated and outstanding staff sergeant or senior airman to fill a one-year special duty position as assistant to the 60th AMW Command Chief Master Sergeant. This is an extremely demanding and visible position within the wing and local community. As such, the members personal bearing and dress and appearance must be above reproach. The selected individual must be computer functional (Word, Excel, Powerpoint), a selfstarter and be able to manage multiple highly-visible projects at the same

Applicants should submit packages no later than July 19 to 60 AMW/CCC, Bldg 51. Room 213. Applicants will be interviewed in late July or early August for a start date of approximately Sept. 15. Any questions concerning this position can be directed to Command Chief Master Sgt. Dan Johnson or Staff Sgt. Jason Lowery at 424-5005.

### **Retirement Ceremony**

There will be a retirement ceremony held for Col. Scott Streifert scheduled for 4 p.m. in front of Building 51, the 60th Air Mobility Wing Headquarters. For more information\_call 424-2665

### Air Force Reserves

For more information about joining the Air Force Reserves after separating from active-duty contact Master Sgt. Christina Morales at 424-1919.

## **AF Introduces 'Fit and Ready Force'**

Fitness Center, HAWC team up to get people in shape

By Airman 1st Class Alice Moore 60th AMW Public Affairs

For the men and women of the Air Force, fitness has always been expected to come hand in hand with the mission.

This year the Air Force is emphasizing fitness through a new motto of having a 'Fit and Ready Force.

The base fitness center, along with the Health and Wellness center, offers a variety of programs to assist servicemembers once they make the commitment to be fit.

There can be many things involved with individuals not wanting to work out," said Barbara Hickenbottom, fitness center manager, 60th Services Squadron. "A lot of the time you have to deal with stress from your job and your family. We're trying to bridge the gap on why people aren't exercising."

Hickenbottom adds since the grand opening of the newly remodeled fitness center, there has been an increase in participation. The facility is even offering a more flexible schedule with its pro-

"One example of the flexibility we now have is that we're able to offer more aerobics classes throughout the day,'

said Hickenbottom. "Our instructors here have a great professional attitude and they care about getting our military fit. It's because of their willingness to be flexible, that we're able to offer more classes throughout the day."

Along with the added aerobics classes and equipment of the expanded fitness center, Hickenbottom says the staff of the fitness center has teamed up with the HAWC to provide more programs.

"We have briefings for people enrolled in the Self-directed Fitness Improvement Program," said Julie Amburgey, fitness program manager for the HAWC. We also offer the sensible weigh class that teaches proper nutrition and exercise habits."

Amburgey adds the HAWC has several more programs for individuals to participate in.

Recently, the HAWC began sponsoring PI-YO classes. PI-YO combines basic yoga and pilates which is designed to improve posture, flexibility and physical awareness, said Amburgey. She continued to say that beginning July 17, on the first and third Wednesdays of every month the HAWC will be providing 'Gym in a Bag' for individuals who wish to

receive one. The 'Gym in a Bag' emphasizes stretching and strength training and is designed to provide a full body work out anywhere.

With the resources that are available for individuals to use, there are already some who say there are no excuses.

"I think people should think of working out as part of their job, or just an overall lifestyle change," said Airman 1st Class Natalie Tummings, information manager for the HAWC. "I do my best to work out at least five days a week. I think people should start out just trying to do the minimum amount of working out and build themselves up to do more."

All in all Hickenbottom says that individuals should want to become fit because of the lasting benefits.

"People should want to come out and exercise because it's a great way to relieve stress, and it can increase your level of self-esteem," said Hickenbottom. "When you look at the positive benefits, it can be motivating."

For more information on the base fitness programs, contact the fitness center at 424-2008 or the HAWC at 424-4292.

## Man on the Street

What does it take to be a part of a 'Fit and Ready' Force?



Senior Airman Maribell Macias 60th Security Forces Squadron

"It's not just coming to the gym and working out. You'll see better results with proper techniques."



**Tech Sgt. Jeannie Louie** 60th Aerial Port Squadron

"You have to have motivation, determination and commitment. Once you have those things — stay focused."



**Senior Airman Mack Saterfield** 60th Supply Squadron

"You have to stay determined and motivated. Once vou have those things it becomes easier to stay fit."

## Seatbelts are hugs from your car!

## Water Conservation starts with YOU

According to the Military Family Housing Handout, residents are reminded to conserve water by only watering lawns on specific days.
If your address ends in an odd number,

water your lawn on odd-numbered

If your address ends in an even number, water your lawn on even-numbered days.

Water lawns between the hours of 5 to 10 a.m. and 7 to 10 p.m. for 15 minutes.

For more information, contact the Housing Office at 424-1476 or 60th Civil Engineer Utilities shop at 424-8868.

## Cook up a winner at the ATWIND

A day of family fun provided by 60th Services Squadron

By Linda Mann

60th Services Squadron

Contests and races are a big part of the ATWIND Family Fun Day Picnic July 12, and everyone in the Travis community is invited to compete.

The chapel is hosting two cooking contests. The only rules are the food must be homemade and delivered by 10 a.m. to the Chapel booth at the ATWIND picnic. The salsa contest will be judged in three categories: best tasting, best texture and hottest. The cookie contest will be judged in two

categories: best tasting and best texture.

Contestants are asked to bring one plate of cookies or one jar of salsa for judging and more for sharing with picnicgoers. To volunteer or sign up as a contestant, call Chaplain (Lt. Col.) James Kinsey at 424-5758.

The Youth Center's bicycle race will include a safety inspection of all bikes. Children will compete by age from 10:30 a.m. to noon. Call the Youth Center at 424-5392 for more information.

The Family Support Center's obstacle course puts racers in simulated situations in family life including moving boxes, stuffing a diaper bag, racing with a wheelbarrow full of money, and more.

The Travis Education Center pits competitors in a tricycle race, the Fitness Center and the Health and Wellness Center will host a balloon toss, and Outdoor Rec will let racers ski in the sand.

Teams of three people are needed for Travis Bowl's Human Bowling Ball competition All participants in the competitive events get an ATWIND Passport stamped, and adult participants receive a ticket for the prize drawing, and youth participants 12 and under receive tickets to the ATWIND prize booth.

Top three finishers in each event win additional tickets: 15 for first place, 10 for second place and five for third place.



ATWIND winner: Col. Scott Streifert, commander of the 60th Support Group, presents a check for \$1000 to retired Army Capt. Antonio Gonzales and his family at the Delta Breeze Club Tuesday night. Gonzales was the winner of the July 1 ATWIND Passport drawing. The 60th Air Mobility Wing also announced a winner from Travis in the Around the World in Ninety Days game. Col. Raymond Vizzone, reserve officer in the 615 Air Mobility Operations Group, won two airline tickets to anywhere in the United States or Canada that U.S. Airways Flys.



## Congratulations

## Team Travis' below the zone promotees

Congratulations to the following below-the-zone promotees for the July through Sep-

Ryan Gilliam, 21st Airlift Squadron

Kimberly VeraCruz, 9th Air Refueling Squadron

David Olson, 60th Communications Squadron

Terrence Raybon, 60th Medical Diagnostics and Theraputical Squadron Eric Rutherford, 60th Security Forces Squadron

Sonia Sidher, 615th Air Mobility Operations Squadron Keith Maciej, 660th Aircraft Generation Squadron

Raul Torres, 660th AGS

Adam Tan, 660th AGS Benjamin Werner, 660th AGS

**David Delvalle**, 60th Aircraft Generation Squadron

George Becerra, 60th AGS

Jesus Ordaz, 60th AGS

**Kyle Stewart**, 60th Equipment Maintenance Squadron

Erik Wolford, 60th EMS

Dustin Hodde, 60th Operations Support Squadron Ahmad Al Halabi, 60th Supply Squadron Andy Tallmadge, 60th SUPS Rodriguez Gonzalez, 60th Aerial Port Squadron

Domex Lobo, 60th APS

Daniel Kraemer, 60th Component Repair Squadron

Nicholas Hafen, 60th CRS

Nicholaus Abramow, 60th Medical Surgical Operations Squadron Alan Vong, 60th Civil Engineering Squadron

Brandi Bozarth, 60th Medical Operations Squadron



By Tech. Sgt. Scott King 60th AMW Public Affairs

Military members looking to cross-train into a challenging and rewarding career field should look no further than becoming a special agent with the Air Force Office of Special Investigations.

Every special agent is a volunteer. They're members of a highly trained team that investigates crimes against persons and property in addition to defeat and deter baselevel and contracting fraud, while combating threats to the information systems and technologies.

OSI provides Air Force counterintelligence support for its force protection mission. It's a job that involves excitement and opportunity, and it could be for you.

Senior airmen with less

than six years time in service, staff sergeants through master sergeants with outstanding records and fewer than 12 years of military service are eligible. Security forces members in the grades of staff sergeant select through master sergeant are eligible. Members must have at least 18 months time-on-station that is waiverable.

Officers must have less than 12 years Total Active Federal Military Service and less than six years Total Active Federal Commission Service to apply. The Air Force Personnel Center must agree to release the officer applicant in order to apply. Information can be found at http://afas.afpc.randolph.af.mil/ osi/crossflow.htm.

Applicants with foreign language, computer and technical skills are among those highly sought after by the AFOSI.

Applicants accepted into the command will attend the U.S. Air Force Special Investigations Academy at Andrews AFB, Md. The 11-week special investigator's course includes instruction in law, investigative theory, report writing forensics, interview techniques, and other subjects designed to prepare special agents for the challenges of investigative duty

HQ AFOSI will host the next seminar at 9 a.m. Thursday at the 6th Air Refueling Squadron Conference Room Bldg. 181. Interested individuals should plan on attending and bring a Records Review RIP with them. You can request a RIP from your orderly room.

For more information on AFOSI special agent duty visit our Website at www.dtic.mil or contact the local AFOSI detachment at 424-3115.

## NEED A RIDE?

If you are in no condition to drive, use the Dial-a-Ride program. Telephone numbers for participating taxi companies are:

Fairfield Taxi (707) 422-5555 Yellow Cab of Vacaville (707) 446-1144 Yellow Cab of Sacramento (916) 442-4696



CALLING A CAB IS A BETTER OPTION THAN THE ALTERNATIVES

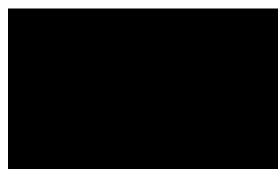
## Are you ready?

TDY's, deployments, natural disasters, family emergencies, remote assignments? Call the Family Support Center at 424-2486 and receive your free Air Force Readiness Packet.

The Tailwind does not accept faxes or emails for Swap Ads. Ads must be turned in by noon Mondays to Bldg. 51, Room 231.



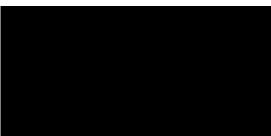






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## 'Jazzin it up

## Delta Breeze Club brings Jazz to Travis

By Linda Mann

60th Services Squadron

The smooth sounds of Jazz and Blues are the perfect accompaniment for an outdoor event like the ATWIND Family Fun Day Picnic. The Delta Breeze Club brings a Jazz D.J. and two live bands to the stage for a free concert July 12.

The ATWIND Jazz and-Blues Festival begins with The Funky Jazz Party with the Jazz Master at 3 p.m. in front of the DBC.

"I'll be spinning the latest and the greatest, the hippest and the hoppest, the smooth and the mellow contemporary jazz tunes," said Robert Heard aka The Jazz Master.

People are so excited about the Jazz Festival that the DBC management decided to make it a regular part of the entertainment. From 5 to 9 p.m. every Friday in the Gold Rush Lounge, the E-Club Jazz Party will feature smooth, upbeat and danceable Jazz.

Following the Jazz Master, from 6 to 10 p.m., two live bands will take over the Jazz Festival. Alvon and the Allstars play the Gold Rush

Lounge and Ken Stout's Jazz Express play an outdoor con-cert in front of the Club.

Alvon and the Allstars features the talents of Alvon Johnson on blues guitar. His vocals and guitar style incorporate 70's funk, gospel, southern blues and soul.

Johnson has worked with artists including Lou Rawls, The Coasters and the Shirelles. He is backed-up up by band members who have played with performing artists including the Commodores and the Drifters.

Alvon and the Allstars play shows all over the Bay Area including the Monterey Bay Blues Festival and at Rassellas in San Francisco, Check out their website for more information on the band at www.alvon.org.

Ken Stout's Jazz Express plays every kind of Jazz from old standards to modern. They also write much of their own music ranging from blues to smooth Jazz and Latin to R &

Stout learned to play the saxophone in elementary school and started performing Jazz and Rock and Roll in High School with some of his

friends who still play in his band today. Most of the band members grew up in Solano County, but they play all over California and in Reno.

Musical influences consist of a combination of jazz, funk and blues from artists like David Sanborn and Charlie Parker Stout has performed with many recording artists including the Bobby Short Jazz Orchestra at Yoshi's in Oak-

Stout can also be seen every Sunday from 4:30 to 8 p.m. in a jazz duo or trio in Hisuis Japanese Restaurant in Vacaville. For more information about Ken Stout's Jazz Express, call 372-9140.

The festival will also include an outdoor barbeque prepared by the DBC staff and using the Famous Gateway BBQ Recipe. The menu will include ribs, hot links, chicken and sides with full meals starting at \$5.95. Beverages will also be available for purchase.

Everyone who attends the ATWIND Jazz/Blues Festival will receive an ATWIND game piece. Call 437-3711 for more information about the Festival and other events at the DBC.





(Left), Alvon and his All Star Band is group number two in the ATWIND Jazz & Blues Festival July 12 (Right), Ken Stout's Jazz Express will also be performing at the festival

## **Aussie-style**

## Steakhouse brings 'down-under' cuisine to Kandahar

By Staff Sqt. Melanie Streeter

437th Airlift Wing Public Affairs

OPERATION ENDURING FREEDOM (AFPN) - A contingent of 15 Outback Steakhouse employees from across America traveled to Kandahar, Afghanistan, June 17 with food in tow to cook for the coalition forces deployed there.

On the flight between Ramstein Air Base, Germany, and Kandahar, Lt. Col. Gary Goldstone, 17th Expeditionary Airlift Squadron vice commander. described the delivery as a big

This mission is special," Goldstone said. "We're delivering about 6,000 steaks to people who have been eating Meals Ready to Eat for the last three to six months. The look on their faces should be telling.

A lot of planning went into the mission, which sprang from an idea by the chief executive officer of Outback Steakhouse Inc.

"It all started when the CEO met with Gen. Tommy Franks U.S. Central Command commander at a social event," said Dave Ellis, director of research and development for the company. "He said he wanted to get 'bloomin' onions' to the troops

Franks agreed with the idea, and USCENTCOM officials coordinated with company representatives to move the people and food to Kandahar via a Charleston-based C-17 Globemaster III. The company sent enough rib-eye steaks, filets, baked potatoes, french fries, onions, cheesecake and grilled shrimp to feed more than 6,000 people.

"We wanted to contribute in some way, to say thank you," Ellis said. "The way we know



Sherri Rutolo, an Outback Steakhouse employee from Salt Lake City, opens up packages of charcoal to ready the grills for thousands of steaks. A team of 15 people from the company traveled to Kandahar. Afghanistan, and served steaks, grilled shrimp, baked potatoes, french fries and "bloomin' onions" to say thanks to the military members there.

how to do that is with food."

The Outback Steakhouse staff, made up of service and food technicians, led teams of 10 coalition military people in preparing the huge cookout.

We expected it to be rough environment," said Ellis. "I've been impressed. Everybody's been so nice to us. We were all stuck in the tent with nothing to do the first day we got here, but a tour was arranged for us, and we learned all about the base and how everything works "

Other members of the Outback Steakhouse staff were also impressed with the troops at Kandahar.

"It's amazing," said Demi-Jon Merlina, a service technician from Phoenix, Ariz. "It gives me a new respect for our troops. I mean, we have the luxury of knowing we're going home. Some of these guys have been here for six months. I just thank God there are men and women willing to do this for our country.

Merlina said the friendliness of the troops really over-

"We wanted to contribute in some way, to say thank you. The way we know how to do that is with food."

- Dave Ellis

Director of research and development, Outback Steakhouse Inc.

whelmed him.

"I thought we were supposed to be the hospitality experts, but everyone here's been so good to us, I wonder who the experts really are," said Merlina.

The meal was a welcome change to soldiers and airmen alike, whose daily meals consist of MREs.

"I really appreciated it, and it was excellent food," said Tech. Sgt. Henry Haskell, from the 315th Maintenance Squadron. "It was really a great gesture and the perfect way to say thanks. It meant a lot to all of us

## Looking for information or telephone numbers?

Call the Base Operator at 424 - 1110.



## Summertime wear of the military uniform

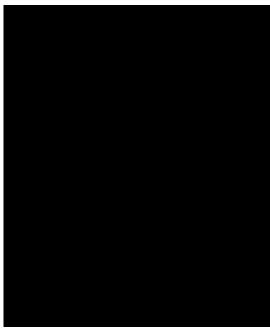
As the temperature rises in California, many personnel will begin rolling BDU sleeves to keep cool. However, there are things sleeve rollers should be aware of:

- >> The outer shirt material must cover the inner material to give a crisp matching material affect.
- Sleeves must be folded within one inch or touching the forearm when bent at a 90 degree angle.
  - >> The chevron must be fully visible when the sleeve is rolled.

These references can be found in the Air Force Instruction 36-2903, table 2.2 Dress and Appearance.

## Classified Ads work. Call 425-4646.





## Use or lose military leave

Accrued leave in excess of 60 days is lost at the end of each fiscal year (Sept. 30), unless the Special Leave Accrual provisions apply. Commanders and supervisors should encourage their members to take at least one period of 14 consecutive days or more and use the 30 days accrued each fiscal year. Call the Military Personnel Flight for SLA guidelines.

## Airman injured from fall

## Base officials investigate accident

By Airman 1st Class Alice Moore 60th AMW Public Affairs

An airman was injured June 17. after falling off of a third story ledge of a 1300 area dormitory at approximately 6:30 a.m.

The dormitory resident, who was admitted to David Grant Medical Center for treatment, suffered multiple contusions and fractures.

In order to avoid future mishaps such as this one, officials from the Safety Office are urging dormitory residents to stay away from the

dorm ledges.

"The ledges on these dormitories are not intended to be walkways," said Carolyn Morgan, safety specialist of the 60th Air Mobility Wing Safety Office. "When the buildings were originally constructed, the ledges were built for building maintenance purposes. There are currently four dorms in the 1300 area with these ledges. Dorm residents should avoid them.'

Morgan adds that typically the ledges have been a place where residents would sit to smoke or drink alcohol. However, the Safety Office stresses that this is a dangerous thing to do and the ledges should be considered off-limits.

Since the start of the 101 Critical Days of Summer, four lost-time mishaps and one permanent disability of Travis personnel have been reported, said Morgan. Base officials are urging the importance of all personnel to take precautions and make the right decisions to avoid future mishaps.

## Don't be foolish

The following is a list of accidents of base personnel since the start of the 101 Critical Days of Summer:

➤ One permanent disability from the chest down after a servicemember dove into shallow water.

▶ An individual suffered a fractured

ankle during a baseball game.

An airman suffered multiple contusions and fractures after falling off of a third story ledge of a dormitory.

→ An individual suffered a separat-

ed shoulder from a motorcycle acci-

➤ An individual suffered loss of a fingertip while changing an aircraft actuator.



# Recognition

## SECAF creates new medal, awards

WASHINGTON (AFPN) — The Air Force's top civilian leader recently authorized the creation of a new medal and two new awards to recognize outstanding achievement or service in wartime operations.

The Air Force Campaign Medal will recognize significant direct contributions to wartime operations, according to

Secretary of the Air Force Dr. James G. Roche.

"The awarding of campaign medals to specially recognize people and units who fight our wars is a long-standing military tradition." Roche said.

"Historically, the Department of Defense's criteria for such awards have centered on geography to define the area of combat operations," he said. "In light of the expeditionary

aerospace force environment and the transformation in the way the Air Force carries out its missions today, such criteria doesn't allow us to appropriately recognize our people who contribute directly and significantly to the success of wartime campaigns from outside the area of combat operations

Therefore, in accordance with DoD policy, Roche authorized the creation of a medal to be given to Air Force people who are not eligible for a DoD campaign medal but directly supported combat operations from a location outside the geographic area of operations.

The secretary said he also wants to ensure units are properly recognized for their actions in

support of wartime efforts and has established two new Air Force unit awards

The first award, the Gallant Unit Citation, will recognize units for their significant combat heroism below that currently required for the Presidential Unit Cita-

The second, the Meritorious Unit Award, will honor units for their outstanding achievement in direct sup-

port of combat operations.

The specific design and criteria for the new medal and awards are currently being reviewed, and a final decision on what they will look like and who is authorized to wear them will be reached in the next few months, Roche said.



## Independence Day, 1942

## Mighty 8th' flies first mission

By Tech. Sgt. Scott Elliott

WASHINGTON - America's Air Force provided the fireworks over continental Europe 60 years ago, as airmen from 8th Air Force flew their first combat mission July

Though ultimately made famous for its use of B-17 Flying Fortress and B-24 Liberator heavy bombers in highaltitude precision daylight strikes, the Americans had to borrow six A-20 "Boston" light bombers from England's Royal Air Force for the mission.

Capt. Charles C. Kegelman led his 15th Bombardment Squadron (Light), and six other A-20s from the RAF's 226 Squadron, in a low-level attack against four German airfields in Holland.

The mission achieved several "firsts," including the distinction as being the first American-led mission against

western Europe; Kegelman became the first 8th Air Force airman to earn the Distinguished Service (later renamed the Air Force) Cross; and Marshall Draper, bombardier aboard one of two aircraft shot down, became the first U.S. Army Air Corps prisoner of war in Europe

Of the six aircraft involved in the raid, two were shot down and a third was heavily damaged.

One of the mission's most dramatic moments came when anti-aircraft fire scored a direct hit on Kegelman's right engine, shearing off the propeller, just as he dropped his bomb load. Though the aircraft's right wing tip and tail struck the ground, Kegelman managed to regain control of the aircraft, knock out an anti-aircraft emplacement with his machine guns and make his escape.

Though his British counterparts ultimately considered the raid a success, Maj. Gen.

Carl A. Spaatz, the 8th Air Force commander, had initial doubts as to his unit's ability to carry out the mission. When Lt. Gen. Hap Arnold, the U.S. Army Air Forces commander, ordered the strike, he believed the first B-17s would be in England ready to begin operations. Unfortunately for Spaatz, the 97th Bombardment Group was diverted to defend America's West Coast in the event of a Japanese invasion. Without the heavy bombers, Spaatz had only the 15th Bomb Squadron aircrews and borrowed British A-20s with which to fight.

By the end of World War II though, the "Mighty 8th" would be able to launch more than 2,000 heavy bombers and 1,000 fighter escorts on a single mission.

Ultimately, 8th Air Force members suffered more than half of the USAAF casualties from World War II. Its crewmen earned 17 Medals of Honor



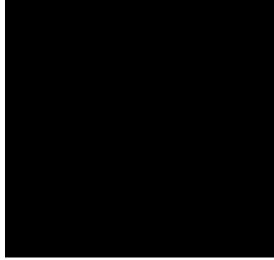
## Stressed out?

Take time everyday to wind down. If ou feel your stress level has progressed to an unmanageable level, call the Behavioral Health Clinic Monday through Friday from 7:30 a.m. to 4:30 p.m. at 423-5174.

## Use or lose military leave

Accrued leave in excess of 60 days is lost at the end of each fiscal year (Sept. 30), unless the Special Leave Accrual provisions apply. Commanders and supervisors should encourage their members to take at least one period of 14 consecutive days or more and use the 30 days accrued each fiscal year. Call the Military Personnel Flight for SLA guidelines.





## Keys to becoming a good leader

View Point

Capt. Jennifer Halter 22nd Medical Dental Squadron

MCCONNELL AIR FORCE BASE, Kans. (AMCNS) — Leadership is not for the faint of heart. It is neither for the passive nor the indirect. It is not for the vague, fearful, uncommunicative or out of control.

Leadership takes many forms and occurs in varied situations with a wide range of people. Leaders can have formal power that is assigned by rank or position, or leaders can have informal power earned through assertion, action and follow through. Truly effective leaders are those who rely on informal rather than formal leadership. It isn't easy to develop informal leadership qualities, but it can be learned.

Before any learning can occur, one must first assess current skills with those known to be effective for leaders. It's also useful to determine the context in which you will lead. Are you leading a volunteer group, a class, a formal work group, a group of children, friends or family? Each one of these situations presents leadership opportunities. Do you perform better in some of these contexts than others? What makes you effective in those situations? Let's take the next step. Do you possess leadership skills? Leadership skills include the ability to be direct, to accurately describe, to be assertive, to communicate, to be humble and to keep yourself under control.

### Be direct

Being direct doesn't mean being harsh and disrespectful. It also doesn't mean being so politically correct that no one knows what you directed, decided or meant. It means calmly, rationally stating your point. It is more effective to describe behavior rather than labeling it.

### Re assertive

State how you feel, describe the situation that elicited the feeling, how it affects you and state your need or desire. This is different from being aggressive which is behaving in a way that violates another person's right to answer 'no,' or to feel emotionally and physically unsafe in your presence.

You may not always be right, but you can never go wrong admitting that you were wrong in some way, such as, losing your cool, making a poor decision, not having all the information or being thoughtless. Many people say they admire leaders who admit they were wrong. It demonstrates strength.

Let me repeat ... remain in control. Be careful not to become controlling. Monitor your internal reactions, keep them in check, remain respectful and be willing to delay the conversation if the other person or you start getting so out of control that you can think only of how to defend your point of

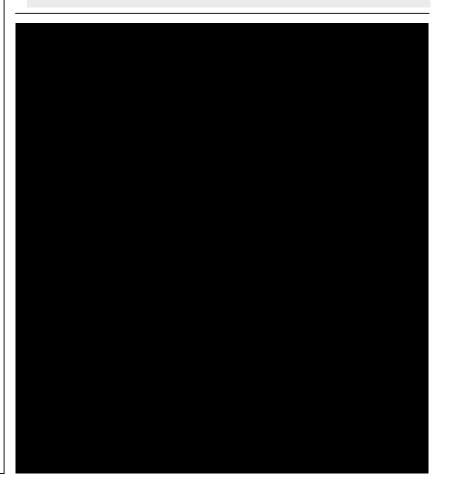
Don't be surprised if you lack some of these skills, because most people are lacking to some degree. Even the greatest leaders in history didn't possess these skills equally and the fact is, they knew it was one of their greatest assets.

Be aware of your assets and challenges as an informal

And finally practice, practice, practice. Don't let the lack of formal power or position keep you from practicing. There are some airmen who are better leaders than their supervisors. Be willing to honestly assess your abilities and seek to learn even from unlikely sources. Leadership can be for you. Don't wait until you're assigned to be a leader. Start now.



See you later: FORT IRWIN, Calif. (AFIE) — John Chaplinski, a contractor from General Motors, drives the Stryker Interim Armored Vehicle away from a C-130 Hercules recently as loadmasters from the 314th Airlift Wing at Little Rock AFB, Ark., look on during exercise Millennium Challenge 2002. The exercise was a rehearsal for a joint exercise involving a C-130 and crew in preparation for the upcoming Army Transformation Experiment 2002 in July.



# Clowning around Travis NCO takes "bull" by the horns



(Top) In Iselton, Calif., Staff Sgt. Robert Blazich prepares to distract a bull once the bull rider dismounts. (Bottom left) Blazich is chased by a 2000 pound bull after a bull rider is safely off. (Bottom right) Blazich gets "locked up" with a bull following a safe dismount of a bull ride.

By Tech. Sgt. Scott King 60th AMW Public Affairs

For the most part, people in the Air Force have multiple interests. Often times they take up hobbies like golfing, fishing, sewing and bowling. Not often do people take on a 2,000-pound romping, stomping, attacking and maiming bull. But, occasionally, someone's out there who does this with drive and passion.

Staff Sgt. Robert Blazich, an aircraft structural maintenance craftsman with the 60th Equipment Maintenance Squadron, has been bullfighting for quite sometime.

"I grew up around bulls," Blazich said. "During my final high school year, my uncle qualified for state finals in bull riding. I guess you could say I was bit by the rodeo bug at an early age.

Tauromaquia is the Greek word for bullfight-

ing, which came to the Spanish language through Latin, the language of Rome and the Roman Empire. Bullfighting is an integral part of the Spanish culture and, having survived centuries of controversy it thrives in Spain, Portugal, Mexico, Colombia, Peru, Ecuador, Bolivia, Panama, Guatemala, Venezuela, Japan and the United States, where this unique art is practiced in California and other Western states.

"I steered away from rodeo for a bit while I was getting ready to join the Air Force," Blazich said. "It wasn't until I was stationed at Travis that I was able to start on the rodeo circuit

Blazich was working at a club running the mechanical bull where he met bull riders who showed him where and how to ride the bulls.

"After meeting those guys, a week later, I found myself riding my very first bull," Blazich said. "I got on this bull and it came straight out jumping and kicking, throwing me instantly to the dust —not a good first ride. That same night, someone running the show asked if anyone was interested in bullfighting. Something clicked in

me, and before I realized it, I was out there fight-

Bullfighting, as it's known today, has evolved over the years

When rodeo first began, the concept of clowns developed as a way to entertain spectators in

between shows or events and to keep the children in the audience from becoming rest-less. The clowns' role has evolved greatly since then, with one major changeclowns on the rodeo circuit today are known as "bullfight-

The primary purpose of bullfighters has become to protect bull riders from serious

injuries or even death. Bullfighters often endanger their own lives to save a rodeo cowboy, working to distract the bull so the rider can escape to the nearest gate or rail. Bulls are very different from horses - while a horse tries to avoid stepping on a downed human, bulls actually go out of their way to attack anything that gets in their path. In addition, bulls used in bullfighting are bred to be smaller, quicker and more agile than those used in bull riding. They can compete for many years, and they learn from their mistakes and change their strategies to gain the upper

Blazich has worked for years refining his skills and gaining experience.
"You could say I have attended the 'school of

hard knocks' and have learned a lot about protecting the bull riders and myself from injury, Blazich said. "After attending schooling and studying some of the best, I have learned how to fight smarter, and not waste any moves to get the rider out of a bad situation fast -while keeping them from getting banged up-good anticipation and knowing the what the bull may do next are the two keys to fighting bulls and keeping injury-





Bowl with the best

## Travis Bowling Center recognized at best in Air Force

By Linda Mann

60th Service Squadron

ravis Bowling Center has just been named the Best Bowling Center in the Air Force and the award comes as no surprise to Travis Bowl regulars.

Retired Master Sgt. Larry Peuse has bowled all over the world in the Air Force and has been bowling at Travis since 1990.

"They have a great staff for one thing. The maintenance on the lanes is great, and you can't beat their prices compared to down town," said Peuse. "You might find bowling centers in the Air Force as big and as nice as Travis, but you won't find as nice a staff and as much community participation.

The Air Force takes everything into account including cleanliness, organization, facility improvements, number of games bowled and services offered such as the snack bar and pro shop.

"We are proud that the Air Force has recognized us for the hard work we do, and the amount of effort we put into making this the best bowling center possible," said Lou D'eramo, Travis Bowl manager.

"In the last 10 years we had more than two million lines of bowling. That makes us one of the highest lineage bowling centers in the Air Force, and the highest in Air Mobility Command all 10 years," said D'Eramo.

Quite a few of those games were bowled during league play. Travis Bowl averages roughly 1,100 league bowlers a week on 226 different teams in the winter leagues, and a few hundred more bowlers in the summer leagues

Those leagues include bowlers of all ages from the children's league and adult and junior mixed league to the seniors' league.

'Most of the leagues are mixed now, but there are also leagues just for women or men," said D'Eramo. "You don't have to be a great bowler to play. In fact, one of the best ways to improve your game is to play on a team regularly and learn from others."

Winter league sign ups start in a couple of weeks and league play begins the first week in September. With leagues seven days a week, both days and evenings, there is a team for everyone.

Travis Bowl also offers discount rates on open bowling Monday through Thursday from 9 a.m. to 10 p.m. and also on Friday, Saturday and Sunday in the daytime. Their summer promotion, the Summer Bowling Bonanza, gives bowlers unlimited bowling from 3 to 5 p.m. on Monday, Wednesday and Friday for \$5 until

August 31.
"We want to encourage people who don't bowl a lot to give it a try. Our Bowler Appreciation Day is part of the ATWIND Family Fun Day this year. From 10 a.m. to 5 p.m. July 12, eligible users will be able to come in and bowl three free games," said D'Eramo.



Retired Tech Sqt. Ed Washington Jr. refines his bowling skills at the Travis

Bowler Appreciation Day is also Travis Bowl's 1992 Days promotion and each bowler will receive a stamp on their ATWIND Passport and an ATWIND game piece to celebrate the Air Mobility Command's tenth anniversary.

The fun and prizes don't stop there. Two promotions this fall and winter will offer valuable prizes to bowlers. The U Pick 'Em contest will award a bowling ball each week to the person who picks the most winners in the NFL Sunday and Monday Night Football games

The Bowling Sensation from September to January will award home electronic and entertainment prizes from Complete Connections in a weekly drawing. Everyone who bowls three or more consecutive lines of bowling is eligible for the drawing.

For more information about the Travis Bowling Center's leagues, promotions, hours and rates, call 437-4737.

Get an ATWIND game piece and a Passport Stamp at the Travis Bowling Center July 12 as they celebrate the 10th Anniversary of Air Mobility Command with three free lanes of bowling from 10 a.m. to 5 p.m. during Bowler Appreciation Day.

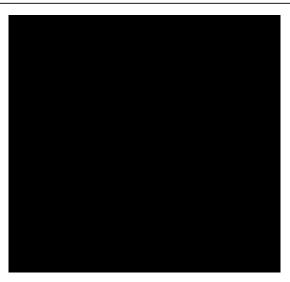
"We are proud that the Air Force has recognized us for the hard work we do, and the amount of effort we put into making this the best bowling center possible."

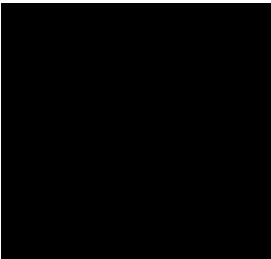
> Lou D'Eramo Travis Bowl manager



Want to meet new people? Have a few drinks and get behind the wheel of a vehicle.

**Drinking** and Driving... Don't do it!





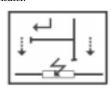
## Fire safety a hot topic during summer months

By Master Sgt. Rickey Johnson 60th Equipment Maintenance Squadron

uring the 101 Critical Days of Summer, the demand increases for families to rehearse fire drills and fire evacuation routes and spend more time making sure the family has fun. Fire safety can be fun and often has saved thousands of lives as well as preventing injuries. The summer-safety period should include a continuous awareness of fire safety that can be fun, informative and life saving.

Yearly, deaths caused by fires account for the loss of approximately 4,000 Americans, and injuries totaling more than 25,000 people. Of these individuals, children are in the highest risk groups.

Children of all ages in the United States set more than 100,000 fires annually. Children are known to start fires primarily in the home by playing with matches and other "ignitable" items, such as fluids, candles, electrical outlets and cords. These are known to start in a number of areas of the home, including under beds and in closets, and in "secret places," such as behind a pile of clothes in the laundry room, or near combustible appliances like the water heater.



## **Fire Evacuation Plan**

Having a fire evacuation route and not practicing it regularly, defeats the plan and often times says to the family, "We are simply too busy to care about each other and what happens to us." It may also convey that fire safety is not a priority at this time.

Regular practice of the evacuation route helps family members — especially children and elderly persons remember to stay low when exiting a smoke-filled room.

It takes less than 30 seconds for a small flame to burn out of control. When the smoke builds up in a room, the occupants can see only thick, black smoke. The smoke can blind a person and enter their lungs, causing oxygen depravation.

Families that practice a fire evacuation plan regularly know they must get low and crawl to make it to safety. Rehearsing the evacuation routes regularly ensures family members know how and where to exit the home safely. Once outside, family members should go to a pre-arranged meeting place and account for one another

The Travis Fire Safety Prevention Office encourages families to adhere to the rule- "Once Out, Stay Out." If a family member is missing, inform a firefighter. Firefighters have been trained and wear special equipment to allow them safe access into a burning building. Never go back into a burning building for any reason. Remember, clothes, jewelry and other material things are not as important as a human life.

## **Barbecue Safety**

During the summer, many families are busy outdoors with barbecues and

cookouts. Grills are responsible for more than 57 percent of burns. Left unattended, barbecue grills can be responsible for many injuries and some deaths. Someone should monitor grills at all times. especially after all the cooking is done. Hot coals are known to burn continuously for two days after grilling and have caused fires

Grills can also tip over if not secured properly. This type of hazard can injure children playing too close to the grill or the avid barbecue king not taking responsibility to extinguish the fire before leaving the area.

Pay attention to your family this summer as they enjoy the 101 Critical Days of Summer. Don't let your guard down, your life or the life of a family member may depend on it.

Celebrating Independence Day impossible without remembering

## gone before us Those who have

## View Point

Michael T. Moseley

Daily Republic liaison to the Tailwind

This Fourth of July will be different for many Americans I would imagine. The tragic events of Sept. 11 have had devastating effects on many families, businesses and organiza-

Though the Moseley family was not touched directly by those terrorist attacks, our celebration of freedom this year has been altered immeasurably by the passing of my father, retired Air Force Master Sgt. William Moseley, who passed away May 8, 2002, in Montgomery, Alabama. He was 63 years old.

Moseley was stationed at Walker AFB, Roswell, New Mexico, when he met my mother. I was almost a year old when they married and though I was not his natural son, he adopted me in 1956, gave me his name and treated me like family. He became more than my step-father. He was my dad.

My dad was born in Butler County deep in the heart of Alabama. A place where they still say "sir" and "ma'am" and, in spite of recent developments, strongly emphasize "under God" when they recite the Pledge of Allegiance. My dad was a staunch patriot, even after patriotism was vilified as a radical concept.

My earliest memories in Roswell were of standing beside my father during the Fourth of July parade and saluting the

flag.
"Place your hand over your heart and stand tall when the flag comes by," he would tell me.

He stood tall and saluted He believed to his dying day that that flag was the symbol of everything we stood for as Americans. It was not just a piece of colored cloth. It was representative of the sacrifice of faithful Americans who died to keep us free. I believed right along with him.

In 1965, he was transferred to Bergstrom AFB in Austin, Texas, and in 1969 was sent to Viet Nam.

Before deploying, he moved my mother, sister and me to Prattville, Alabama, to be near his parents while he was away. I remember the dread I felt on the day he departed.

I lay on my bed throughout the day, staring up at the white ceiling of my bedroom wondering if I would ever see my dad again. He promised me that he'd return and I believed him, but even at the age of 14 I was smart enough to realize that it wasn't up to him entirely.

How much danger could he be in, I asked myself. He's a recreation speciálist. He's just going over there to set up a gym and organize a softball team or two — that's what he's always done. He'll teach some Judo and come home.

He would send reel-to-reel tapes to us so we could hear his voice. Sometimes, while the tape was still rolling, we'd hear an air raid siren in the back-ground, he'd excuse himself and pause the tape. We'd sit and wonder what had happened, but his voice was always back a second later, reassuring and calm He'd be home soon

Dad was due home in a little more than a month when my football coach came up to me on the practice field and told me that my mother was there to pick me up. She was early, but if it was okay with the coach it was okay with me.

When I got home, I couldn't believe my eyes. There was my dad, home early from Viet Nam. He had returned, just as he

said he would. He had kept his promise.

I realize now that there were many families whose experiences with loved ones sent to Viet Nam were not so pleasant. My heart goes out to them and I've learned to count my bless-

ings.

My dad retired loving the Air Force to the very end. It was no surprise that when I considered joining the military in 1979 that I saw the Air Force as the only option.

I spent 13 years as a survival instructor, served in Desert Storm, and never regretted a minute of it.

May 8, 2002, I got the call that I knew had to come. My dad had passed away in his sleep. I took my family and drove to Montgomery immediately.

At the funeral, I delivered the eulogy before his flagdraped coffin.

At the graveside, I stood behind my mother as the Maxwell AFB, Alabama, Honor Guard rendered a 21-gun salute, carefully folded the flag and presented it to my mother.

At that point, I leaned over to my little brother and said, "You know, it's not just our family honoring our dad today, it's our nation.

I would urge each and every American to remember, along with my family on this Independence Day, those who have gone before us and thank God for the freedom we have in this great



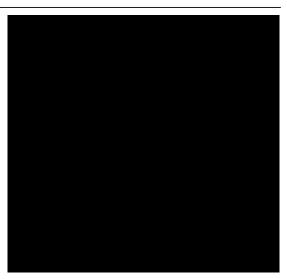
(Above), Members of the Maxwell AFB, Alabama, Honor Guard prepare a 21-gun salute at the graveside of retired Master Sgt. William Moseley. (Right), Moseley had this picture taken in Viet Nam in 1969. The photograph was meant to depict the solemnity of our nation's mission as well as the reflective nature of military service.





Don't be dunce. Don't drink and drive!





## <u>Announcements</u>

## **Tuesday blood drive**

The Travis blood bank is holding a blood drive from 8 a.m. to 2 p.m. Tuesday at the David Grant Medical Center blood donor center on the second floor. ATWIND tickets will be given to everyone who donates. For information, call the blood bank at 423-5342.

### **Summer school**

There are still a few openings in the pre-kindergarten summer school program at Child Development Center 2. The half-day class is for children who will be entering kindergarten in the fall and includes educational activities, field trips, water play, music, reading and more. Breakfast and lunch are included and the cost is determined by total family income. Call Alan Tornay at 424-5400 to sign up.

## Youth programs

The Youth Center will register children for the upcoming before and after school program from July 15 to July 24 for continuing students. New students must get on the waiting list to be eligible for registration Aug. 5. Call the Youth Center at 424-5392 for more information.

## <u>Services</u>

## **Today**

▲ Travis Day at the Oakland A's vs. Kansas City Royals game is at 6 p.m. in Network Associates Park Tickets are \$11 at Outdoor Recreation. Call 424-5049 for more information.

## Saturday

- ▲ Golfers are invited to the Cypress Lakes beat the staff challenge. Four-person teams compete to see which team can score better than the staff. Call 424-5797 for more information.
- ▲ Sign up for swimming lessons at the Travis Aquatic Center at 8 a.m. There are classes for beginners to advanced swimmers and lessons begin Monday. Call 424-5283 for details.
- ▲ Go mountain biking through the redwoods at Nisene Makrs State Park from 8 a.m. to 8 p.m. Bring a bike and pay \$16 for the trip or borrow one from Outdoor Rec and pay \$20.

## Sunday

▲ Visit San Francisco's Chinatown with Outdoor Rec from 9 a.m. to 5 p.m. Transportation is \$12 for adults and \$7 for children. Call 424-5240 to sign up.

## **Tuesday**

▲ It's the last day to sign up for the Outdoor Adventure Program's backpacking trip to Wade's Lake. The group leaves at 6 a.m. Thursday and returns at 8 p.m. July 14. This is a means to learn the basics of backpacking while visiting the Pacific Crest Trail, Peak Mount Elwell and Mount Washington. The \$70 fee includes food. Call OAP at 424-5240 for details.

### Wednesday

▲ Come to a Reno turnaround with Outdoor Rec from 6 a.m. to 10 p.m. Take the bus to El Dorado Casino and get \$10 cash back and \$3 in food and beverage credit. Transportation is \$15 and all participants must be 21 with a valid ID. Call 424-5240 to reserve a

### Thursday

It's the last chance to sign up for the Frame Shop's framing and matting class from 8 a.m. to noon July 27 and Aug 3. Students will learn to choose and cut mat board and build a frame large enough for an 8-by-10 piece of art. The class is \$30 and includes materials. Call 424-1338 to sign up.

## Family Support

### Monday

▲ Spouse employment orientation is from 9 to 10 a.m. at the Family Support Center for newly arriving spouses, spouses returning to work or spouses wishing to explore new career opportunities. Tap into the Career Focus networking, look at hundreds of job opportunities and learn about the career development classes at the FSC. Call 424-2486.

## Tuesday

▲ Ultimate Job Search is at the FSC from 8 a.m. to noon. Attend this intensive half-day job search workshop which includes skills and self-assessments, job search techniques and more. Call 424-2486.

## Wednesday

▲ The Spouses Trained and Ready jobs skills training is at 9 a.m. for military spouses.

## Thursday

- ▲ The professional growth and development class for airmen E-3 and below is from 7:30 a.m. to 4 p.m. at the FSC. Call 424-2486
- ▲ The skills and self assessment class is from 8 a.m. to noon for all job seekers. Explore different career paths



Fishing with dad: The annual fishing derby kicks off the ATWIND Family Fun Day at 7 a.m. July 12 at the Duck Pond. Every child age 3 to 15 will get a Sprint Frisbee and tickets to the ATWIND store at the picnic later the same day. To volunteer or for more information, call Staff Sgt. Dan Coombs at 424-2666.

based on personality type, skills, abilities and interests. Call 424-2486.

- ▲ WIC representatives will be at the FSC from 8 a.m. to 4 p.m. by appointment only. Call 435-2200.
- ▲ The budgeting and credit class is from 9 to 11 a.m. at the FSC. Call 424-2486

## Weekly

- ▲ The Air Force Aid Society pays for an 18-point safety inspection, oil change and lube for the primary vehicle used by the spouse of an active-duty member who is TDY, deployed or serving a remote tour for 30 days or longer. Spouses whose sponsor is TDY or deployed for 90 nonconsecutive days per year are also eligible. Eligible individuals can pick up a voucher at the FSC. First-term airmen at their first duty station also receive a voucher for this care during the financial briefing at the First Term Airmen Center. if they present orders at the briefing. For more information, call the FSC at 424-2486.
- ▲ The Air Force Aid Society will pay for up to 20 hours of free child care per child for all ranks of active-duty Air Force with PCS orders into or departing Travis. The care is available within 60 days of arrival or departure. Child care is in licensed Family Child Care homes on base. Certificates are issued by the relocation staff at the FSC. For information, call 424-2486.
- ▲ The Air Force Aid Society will pay for a few hours of child care per week for volunteers who work in nonprofit organizations on base. Examples of organizations are the FSC, the Airman's Attic and the Red

Cross. Call 424-4349 for more information.

## Family Advocacy

### **Dad Boot Camp**

The Dad Boot Camp program is looking for a few good men. This is a new program in which veteran fathers (fathers who bring their babies) show rookie fathers (first-time fathers-to-be) the ropes of fatherhood. The program is for men only — no women over two-feet tall are allowed. The program is currently recruiting for coaches and veteran and rookie dads. For more information, call 423-

## Anger management

The Family Advocacy Program invites you to participate in a five-week anger management course to learn effective ways to manage anger, communicate and listen more effectively. This class is held Mondays from 2 to 3:30 p.m. at the David Grant Medical Center. Activeduty members and their spouses are encouraged to attend. Seating is limited. Call the FA office at 423-5168 to register.

## **Playgroups**

Playgroups for parents and their children are held at the Chapel One Annex on First Street. The Toddlers playgroup is held Wednesdays from 9:30 to 11 a.m. for children 18 months to 3 years of age. Tuesdays from 10 to 11:30 a.m. is the Time For Us playgroup for children 3 to 5 years of age. Thursdays from 9:30 to 11 a.m. is the Rattles To Raspberries playgroup for infants to 18 months old. Registration is not necessary. For more information, call 423-5168.

## Chapel

### Catholic services

- ▲ Monday through Friday, 11:30 a.m., communion service or Mass, Chapel Center.
- ▲ Thursday, noon, Catholic communion service, DGMC Chapel.
- ▲ Saturday, 4 to 4:45 p.m., confessions, Chapel One.

  ▲ Saturday Mass, 5 p.m.,
- Chapel One. ▲ Sunday Mass, 9 a.m.,
- Chapel One.
- ▲ Sunday, 9 a.m, children's liturgy of the Word, Chapel
- ▲ Sunday Mass, 12:30 p.m., Chapel Center.

### **Protestant services**

- $\blacktriangle$  Friday, noon, 30-minute worship service, DGMC Chapel.
- ▲ Sunday, 8 a.m., community, praise and worship service, Chapel Center.

  ▲ Sunday, 10:30 a.m., com-
- munity worship service, Chapel Center. Nursery class for kids 3 months to 3 years.
- ▲ Sunday, 11 a.m., community Gospel service, Chapel One.

## Jewish services

First Fridays, 7 p.m., Sabbath services and third Saturdays, 10 a.m. Sabbath services are temporarily meeting offbase. Call 424-3217 for locations.

## Contemporary

Sundays, 5 p.m., Inside Out, Chapel Center. Children's program provided. For more information, contact Chaplain Herb Shao at 424-3943.

## United in fight against terrorism

## **Netherlands crews complete OEF deployment**

By 1st Lt. Johnny Rea

379th Air Expeditionary Wing Public Affairs

OPERATION ENDURING FREEDOM (AFPN) — A Royal Netherlands air force KDC-10 and its crew left Al Udeid Air Base, Qatar, June 26 after completing a three-month deployment in support of the war on terrorism.

Operating as a detachment within the 379th Expeditionary Operations Group at Al Udeid, the Dutch 334th Squadron delivered fuel to coalition aircraft over Afghanistan in support of Operation Enduring Freedom. More than 220 million pounds about half of all the fuel offloaded over Afghanistan has been delivered from 379th Air Expeditionary Wing tankers.

"We were honored to be able to participate in the combined fight against terrorism," said Dutch Maj. Hans Pasveer, a KDC-10 aircraft commander. "We were fully integrated with our U.S. counterparts and received excellent support."

Many of the Dutch crewmembers were trained on bases throughout the United States, Pasveer said, "so we met some old friends from KC-10 training. It truly is a small world.

The Dutch participation in the 379th's mission has been "nothing short of outstanding, said Lt. Col Dean Wolford, commander of the 379th EOG. Their efforts to augment our air refueling requirements



A Royal Netherlands air force KDC-10 refuels a Dutch F-16 over the North Sea prior to Operation Enduring Freedom. There are only two KDC-10 tankers in the Dutch fleet and one was deployed to Al Udeid Air Base, Qatar, for three months supporting the war on terrorism.

to properly deploy expeditionary air and space resources around the world. when and where the need aris-

Wolford said he believes the Dutch share the U.S. Air Force's "expeditionary" vision.

"Our Air Force is organized and prepared for military operations abroad," he said. "Every one of us is a warrior and should be ready to go anywhere on the planet to fight our nation's battles. I feel our Dutch friends share in that vision and are warriors themselves. They have melded very well with the men and women of the 379th EOG as our partners in the war on terrorism."

The Dutchmen leave Al Udeid impressed with the base and the attitude of its deployed U.S. people.

"We are still as astonished as when we first arrived," Pasveer said. "So much has been done here in such a short time, and with such good quality. We talk about the good food, the well-organized camp and the good feelings of the people here. Everybody feels the need to conquer terrorism.

The Dutch air force has only two KDC-10 tankers in its entire fleet and Pasveer said he expects at least one to be repositioned soon to another location in the region support-

## **Drinking**

The end results can kill

## & driving

innocent people and a military career! don't mix

## Phone numbers to know

Hospital

423-7300 Lodging

437 - 0700

**Military Personnel** 424-2276

**Family Support** 

424-2486

Legal 424-3251

**Housing Maintenance** 

437 - 1230

Contracting

424 - 7711

Security Forces

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## Children need supervision for a safe summer

By 2nd Lt. Kevin Tuttle

56th Fighter Wing Public Affairs

LUKE AIR FORCE BASE, Ariz. (AFPN) -Summer is the season when families take vacations, children enjoy their time off from school and everyone tries to stay cool in the hot weath-

Unfortunately, some children will drown this summer.

According to the National SAFE KIDS Campaign, drowning is the greatest summertime risk for children 14 and younger. Two-thirds of childhood drownings occur May through August, making summertime the most dangerous time of year for children.

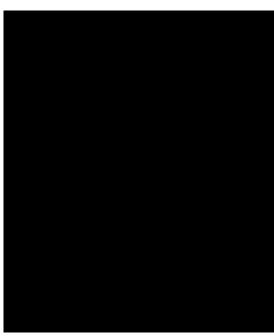
Children 4 and younger have the highest drowning death rate of all, two to three times greater  $t\bar{h}$ an other age groups. Children 4 and younger account for 80 percent of home drown-

To get relief from the summer heat, people retreat to pools, local lakes and other bodies of water. These events are great, as long as children receive constant supervision, according to safety officials.

"Never take your eyes off of children around water ... period," said Roger Cox, 56th Fighter Wing ground safety manager here. "Whether it's a bucket of water or your bathtub at home, it only takes an inch of water for an infant to drown. Kids should always be supervised by an adult around water.'

According to the Consumer Product Safety Commission, 75 percent of drowning victims were missing for five minutes or less. For every child who drowns, four children are hospitalized for near-drowning. One third of those children will suffer significant neurological damage.

"There is no reason another child needs to be lost to drowning this summer," Cox said. "Supervise your children and send them back to school this fall to discuss their summer vacations with their classmates. Don't let your child be the one to not come back to school." (Courtesy of Air Education and Training Command News Service)





Master Sqt. D.K. Grant / AFPN

Mike Barber prepares for a squat lift. Barber won second place in the U.S.A. Power Lifting-sponsored Masters National Powerlifting Championships last month in Charlottesville, Va.

## Airman lifts his way to the top

by Master Sgt. D.K. Grant 21st Snace Winn Public Affairs

PETERSON AIR FORCE BASE, Colo. — The 5foot-6-inch Mike Barber carries his 198 pounds comfortably and lacks the swagger that others in his position might display. Not many Air Force members are listed in the "Who's Who of Powerlifting" on the alltime top 100 for both the 165- and 181-pound weight

Maybe it is an age thing. At 40, he just snagged second place in the U.S.A. Power Lifting-sponsored Masters National Powerlifting Championships held this month in Charlottesville, Va.

It could have been a first-place trophy if not for a badly torn bicep that limited his benchpress to 425 pounds, leaving his 675-pound squat and 650-pound deadlift to carry the day. His total lift, about 300 pounds lighter than five years ago, still ranked him ahead of 14 other lifters.

And that is coming off 18 months of rehabilitation from the injury and 15 months as a full-time college

Next year will be tougher for him because he plans to change his competition class. He won his recent silver in the master's division for 40-year-olds and older. Next year, he will enter in the open division, which will pit him against men half his age.

Barber, a master sergeant assigned to North American Aerospace Defense Command headquarters here, has been lifting for the 20 years that he has been enlisted in the Air Force.

A friend who lifted competitively got him interest-

ed. At Barber's first meet, still a novice, he out-lifted his experienced pal. It was the beginning of a lifelong regimen for the Oklahoma native, whose eating and exercise habits are evidence of a devoted competitor.

'I'm a clean eater," he said, snorting at the massive calorie intake so many powerlifters seem to believe is necessary.

Balance is what it is about, he explained. He has a good balance of protein from chicken (primarily), carbohydrates from whole rice and grains, and a lot of salad. Fatty food just makes you fat, and fat does not help you lift, he believes.

That's why I've been able to continue doing this for so long," he said. "I take care of myself, I eat right and I'm safe."

Taking a small meet is not important, he said.

Training for the big events is what he focuses on.

And it is about winning. It is a competition sport.

"You can train all day, but if you aren't doing something - competing where you're challenged - you're wasting your time. Then it's just about ego," he said.

He advises novices to get with an experienced competitive lifter and ask him or her to teach you. Second, use safety gear when working out. Third, go slow, be careful and stay focused.

Powerlifting is different from weightlifting and bodybuilding in many ways, but the most significant difference, according to Barber, is the mental preparation and effort required.

"It takes incredible mental focus and effort to make yourself lift a half-a-ton repeatedly," he said. "An average weightlifter won't lift in a week what a power-lifter lifts in a workout session."

## Travis triathlon organizers ask participants to swim, bike, run for fun

**60th Services Squadron** 

Athletes are invited to compete as individuals or as members of a three-person team in the 15th annual Travis Air Force Base Triathlon July 20.

The race consists of three events: the 30-length (1/2-mile) swim, the 12-mile bicycle race and the 3.6-mile run. Participants can compete as individuals in the following age categories: 18-25, 26-32, 33-39 and 40 and older.

Individuals may also compete as part of a team using their swimming time. Teams consist of three people and will compete in two age categories: 18-39 and 40 and older. Teams may be mixed ages and sexes.

Contestants will meet in the parking lot of Bldg. 230 (the old Exercise Center) at 8:30 a.m. for a briefing. The race will begin at 9 a.m.

Winners will be determined by the total elapsed time

required to complete the entire event. At 2 p.m. awards will be presented to the team and individuals who take first, second and third places in each cate-

Entry fees are \$15 for individuals and \$45 for teams. Fees must be paid by July 15 at the Fitness Center. All participants will receive a T-shirt. All entries must include each team member's name, organization, age, category of competition and home and duty phone numbers

This event is only open to Travis personnel. Active-duty military, activated reservists and DoD civilians assigned to Travis are eligible to participate with the organization he or she is assigned to. Dependents may participate with the organization their spouse is affiliated with. Retired military not working with an organization on base are not eligible to participate.

Each individual contestant and each team is responsible for bringing one volunteer to the event to serve as a road monitor. All volunteers' names must be provided to the Fitness Center by July 19. If there are not enough volunteers, the event will have to be rescheduled

Call Airman Jesse Menzie at the Fitness Center, 424-2008, for more information.

## Kicks are for kids during Youth Center soccer season

60th Services Squadron

The excitement of watching the World Cup is nothing compared to watching your own child kick his or her first goal or dribble the ball evading the defense for 40 yards. It is just as exciting for the child who kicks that goal.

Soccer is not only fun and great exercise, but it also teaches a child the benefits of teamwork and practice. Soccer sign ups have begun at the Youth Center for children ages 5 to 17. The registration fee of \$40 includes a uniform and

All participants must get an annual physi-

Players ages 7 to 17 will be screened to make the teams as equal as possible. Once teams are organized, coaches will contact players about practices and games. Children ages 13 to 17 will play other teams in the local community. All transportation to away games is the responsibility of the parents. Children ages 7 to 12

play all of their games at Travis. Call the Youth Center at 424-5392 for a schedule of parents' meetings and to register



teamwork and exercise while learning to play soccer. The Travis Youth Center's soccer season runs from August through

October.

Travis youth learn the

benefits of

2nd Lt. William Gumabon / Contributing photographe